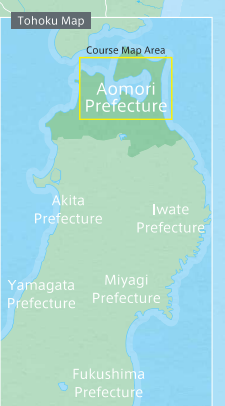
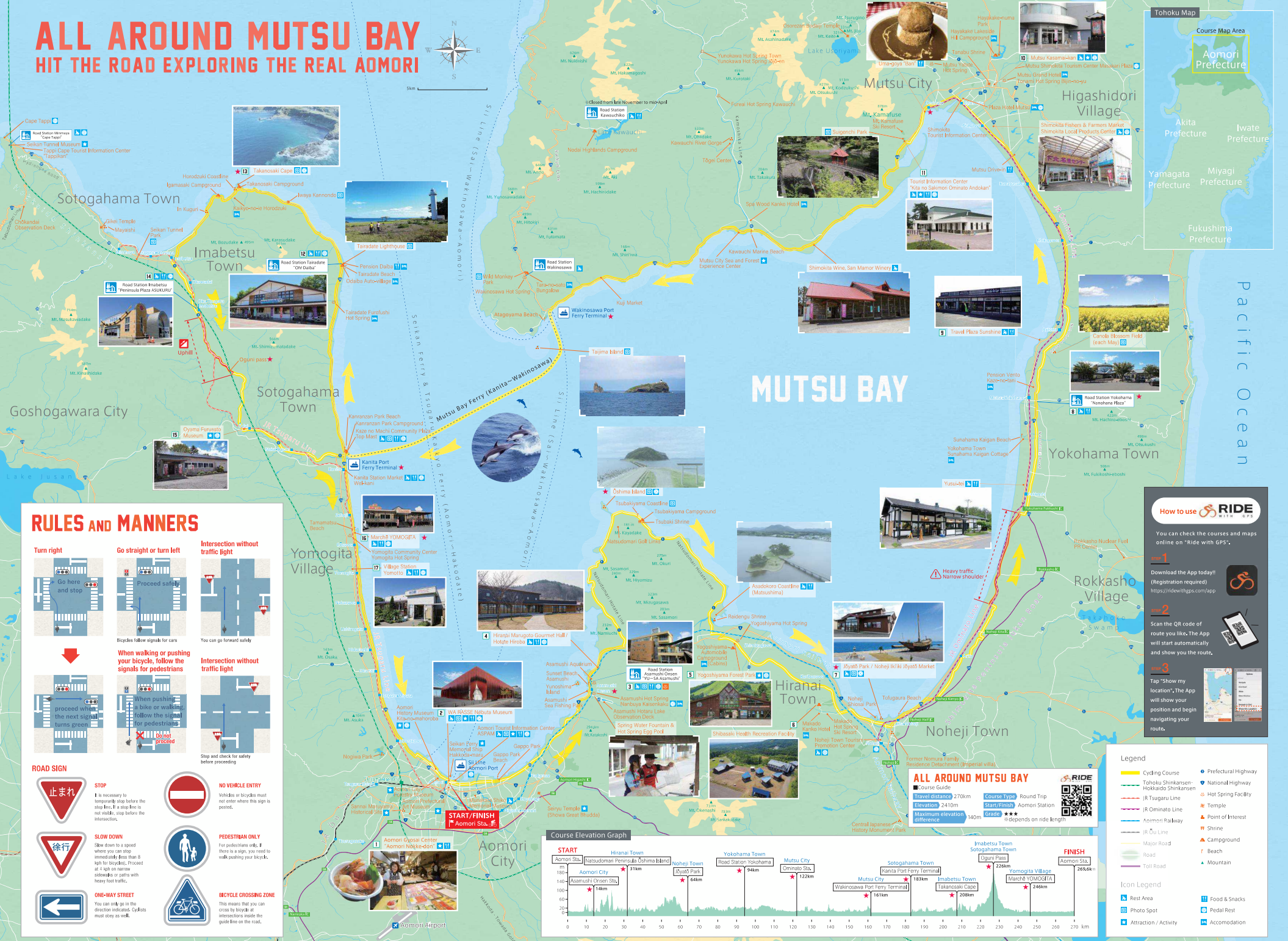


ALL AROUND MUTSU BAY

HIT THE ROAD EXPLORING THE REAL AOMORI



Pacific Ocean

RULES AND MANNERS

Turn right
Go here and stop

Go straight or turn left
Proceed safely

Intersection without traffic light
You can go forward safely

When walking or pushing your bicycle, follow the signals for pedestrians
When pushing a bike or walking follow the signal for pedestrians

Intersection without traffic light
Stop and check for safety before proceeding

ROAD SIGN

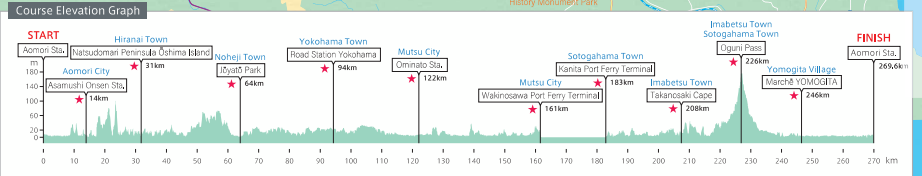
STOP
It is necessary to temporarily stop before the stop line. If a stop line is not visible, stop before the intersection.

NO VEHICLE ENTRY
Vehicles or bicycles must not enter where this sign is posted.

PEDESTRIAN ONLY
For pedestrians only. If there is a sign, you need to walk pushing your bicycle.

ONE-WAY STREET
You can only go in the direction indicated. Cyclists must obey as well.

BICYCLE CROSSING ZONE
This means that you can cross the bridge at intersections where the guide line on the road.



ALL AROUND MUTSU BAY

Course Guide

Travel distance: 370km
Elevation: 2410m
Maximum elevation difference: 140m

Course Type: Round Trip
Start/Finish: Aomori Station
Grade: ★★★★★ (depends on ride length)

How to use RIDE WITH GPS

You can check the courses and maps online on "Ride with GPS".

- Download the App today!! (Registration required) <https://ridewithgps.com/app>
- Scan the QR code of route you like. The App will start automatically and show you the route.
- Tap "Show my location". The App will show your position and begin navigating your route.

Legend

- Cycling Course
- Tohoku Shinkansen-Hokkaido Shinkansen
- JR Tsugaru Line
- JR Ominato Line
- Aomori Railway
- JR Line
- Major Road
- Road
- Toll Road
- Prefectural Highway
- National Highway
- Hot Spring Facility
- Temple
- Point of Interest
- Shrine
- Campground
- Beach
- Mountain
- Rest Area
- Photo Spot
- Pedal Rest
- Attraction / Activity
- Accommodation

Icon Legend

- Food & Snacks
- Accommodation